

Toolkit Case Reflection: "The Right Decision" An Undergraduate Student

The "Right" Decision

How do you know if you're making the "right" decision? When Sophia was asked to do something in a film that made her feel uncomfortable, her strong desire to become an actor didn't allow her to say no. She knew that it was wrong, but she still did it. To choose the "right" decision you have to remember your values, remind yourself why you're doing it, and stay away from vulnerable situations.

The "right" decision is a choice that does not go against your values, something that is ethical and moral. If you believe that cheating is wrong and unethical, then the right choice would be not to cheat. For Sophia's situation, she said she "knew she felt it was wrong for her to participate" in what she was asked to do, but she wasn't able to say no. She did something against her values, so it was not the "right" decision.

To make the "right" choice, you have to recall why you started doing it in the first place. Sophia loves acting and the article states that the "theater satisfies her soul and "completes" her more than anything else." When she got into that situation, she should have asked herself if she was acting for the fame or was she acting because it satisfied her. Then she could have realized that she was asked to do something that made her feel uncomfortable and did not satisfy her, so it would be the wrong decision to do it.

The "right" decision is a decision that should not force you to compromise or sacrifice something more important. If your friends asked you to hang out, but you knew you had to study for your big exam tomorrow, would you sacrifice your precious studying time to be with your friends? The "right" decision would be to renounce your friends' invitation to hang out and instead study for your important test tomorrow. Sophia sacrificed her body for her goal of becoming an actor. However, it left her so embarrassed that she hid from her childhood dreams of performing for two years.

When you are in a circumstance where you have to choose something, remember your beliefs, ask yourself if you're doing it for the right reasons, and never sacrifice something more important. If you can recognize each of these things, I guarantee you will make the "right" decision.

