

Reflection on Values Sort Activity
A Middle School Student

How do your values influence your work and life here at school? Do your values make your work and life easier or better, or do your values make your work and/or life more difficult?

I don't remember all of the values that I included in my most important section, but I do know what's important to me. Honesty, and independence are very important to me.

Any work I do should be filled with my own thoughts and ideas. Whether it's at school or homework I should be honest that the work I show is my work. At school, sometimes it seems easy to just ask someone else for their answers to their questions. But really that makes it harder. If you do use their answers you haven't really learned the information and you are still at risk of getting caught.

My values can make my life easier and harder at the same time. When I am put in a situation where I need to think about it I'm being honest or not, it can become hard. If someone has put me into a position where I might have to lie, that wrecks my values. Independence is also being able to stand up for yourself. So I believe that my values can make my life hard at times, but just hard enough to realize that I need to rethink the possibilities appropriate for the time.