

Toolkit Personal Reflection
In Response to Chapter on "Perspectives"
An Undergraduate Nursing Student

This journal entry will be on a very current, personal note. I have come across different situations in the past that have encouraged me to do good work. The best work has come from the times in life when I have overcome obstacles. Currently, what is pushing me to do good work is my living situation with my roommate.

I am convinced that my roommate doesn't like me. This is all too obvious every day, in every situation with her. I cannot stand the snide remarks, the ignorance, or the bipolarness of her attitudes. She is capable of being a totally new personality from minute to minute. I would respect her as a person if I was able to see a reason for it.

These past ten weeks have been a hostile time for me, however I have also learned a few things about life and myself. I know that I am a fairly patient person to begin with, and that this tolerance is only growing more. I love life, and I know that I won't love everybody in this life. Patience is very importance in this life though, and especially important for my nursing career.

I could look down on this point in my life, but I would much rather learn from it. Since my current situation is pushing me to be a more patient person, it is also a source of my good work. Challenges are needed for growth in life. I look at each new day as an opportunity to learn and love. Even if a person (roommate) doesn't appreciate my good intentions, I know that I have not failed as a person.